

A Recipe for Happiness

Name _____

Match the commandments in the first column with the sentences in the second column. These will express how following the commandments can make you happy!

- | | | |
|---|---------|---|
| 1. I am the Lord your God; you shall not have strange gods before me. | _____A. | Happy the person who rests and remembers God at least one day a week. |
| 2. You shall not take the name of the Lord your God in vain. | _____B. | Happy the person who respects life. |
| 3. Remember to keep holy the Lord's Day. | _____C. | Happy the person who is pure in heart and deed |
| 4. Honor your father and your mother. | _____D. | Happy the person who tells the truth about others. |
| 5. You shall not kill. | _____E. | Happy the person who loves and respects parents. |
| 6. You shall not commit adultery. | _____F. | Happy the person who is not envious of what others have. |
| 7. You shall not steal. | _____G. | Happy the person who keeps God first. |
| 8. You shall not bear false witness against your neighbor. | _____H. | Happy the person who speaks God's name with reverence. |
| 9. You shall not covet your neighbor's wife. | _____I. | Happy the person who respects others' property. |
| 10. You shall not covet your neighbor's goods. | _____J. | Happy the person who respects the promises of marriage. |

Look up Matthew 5:3-12 in your Bible and read the Beatitudes.

Pick one Beatitude and write it on the lines. Tell why living this Beatitude would make you a happy person.
